

ATTENDING PHYSICIAN’S STATEMENT FOR CHRONIC ILLNESS

ReliaStar Life Insurance Company, Minneapolis, MN
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The patient is responsible for the completion of this form without expense to the insurance company.

CLAIM CHECKLIST

- ☐ SIGN and DATE this completed form, then submit using one of the above methods.
- ☐ The Member / Insured must complete Sections 1 and 2.
- ☐ The Attending Physician must complete Sections 3 - 8.

SECTION 1. GROUP INFORMATION (This information is mandatory and can be obtained from the Administrator.)

Association Name _____
Association Policy Number _____

SECTION 2. MEMBER / INSURED INFORMATION

Select, if applicable.: ☐ International / Foreign Address

Patient Name (First) _____ (Middle Initial) _____ (Last) _____
Patient Birth Date _____
Member Name: if NOT Patient Name (First) _____ (Middle Initial) _____ (Last) _____
Address _____
Address _____
City _____ Province / State _____ ZIP _____
Country _____ Email _____
Phone (_____) _____ International Phone _____

SECTION 3. DIAGNOSIS AND PRESENT CONDITION OF CHRONIC ILLNESS

Insured’s Primary Diagnosis _____
Insured’s Secondary Diagnosis _____
When did the current symptoms first appear or accident happen? (Month, Day, Year) _____
Has the Insured ever had a similar condition? (If “yes,” state when & describe.) ☐ Yes ☐ No

SECTION 4. ACTIVITIES OF DAILY LIVING (ADL) CLAIMS ONLY

Has the Insured had a loss of functional capacity and been unable to perform for **at least 90 consecutive days** two or more of the following ADLs without substantial assistance? ☐ Yes ☐ No

If “yes,” is the condition expected to be permanent? ☐ Yes ☐ No

If the Insured is unable to perform two or more ADLs without substantial assistance from another person, provide the approximate date the Insured was first unable to perform the particular ADL in the table below:

Activity of Daily Living	Assistance Required?	Date Assistance First Required
Bathing (washing oneself)		
a) By sponge bath	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) In the tub or shower	<input type="checkbox"/> Yes <input type="checkbox"/> No	
c) Getting in and out of the tub or shower	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Dressing (putting on, taking off, fastening, unfastening)		
a) Clothing	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) Medically necessary braces, fasteners or artificial limbs	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Eating (feeding oneself by getting food into the body)		
a) Through the mouth	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) By feeding tube or intravenously	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Toileting		
a) Getting to and from the toilet	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) Getting on and off the toilet	<input type="checkbox"/> Yes <input type="checkbox"/> No	
c) Performing associated personal hygiene	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Transferring		
a) Moving into or out of a bed	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) Moving into or out of a chair	<input type="checkbox"/> Yes <input type="checkbox"/> No	
c) Moving into or out of a wheelchair	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Continence		
a) Is the Insured able to control bladder function?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) Is the Insured able to control bowel function?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
c) Does the Insured need help performing associated personal hygiene?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
d) Does the Insured have a catheter or colostomy bag?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
e) Does the Insured need help caring for the catheter or colostomy bag?	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Provide results of any physical examination findings and diagnostic studies which support the patient’s ADL dependencies identified above.

Association Policy Number _____
Patient Name (First) _____ (Middle Initial) _____ (Last) _____

SECTION 5. COGNITIVE ABILITY

If the patient has a significant decline in cognitive ability, address the following questions based on the following definition of severe cognitive impairment and established using clinical evidence and standard tests. **Severe cognitive impairment means a loss or deterioration in intellectual capacity that is (a) comparable to (and includes) Alzheimer’s disease and similar forms of irreversible dementia, and (b) measured by clinical evidence and standardized tests that reliably measure impairment in the individual’s (i) short-term or long-term memory, (ii) orientation as to people, places, or time, and (iii) deductive or abstract reasoning.**

Describe the patient’s level of cognitive impairment based on clinical assessment and standardized screening tools. _____

Standardized Screening Tool _____ Evaluation Date _____
Standardized Screening Tool _____ Evaluation Date _____


Does the patient require substantial supervision in order to protect himself/herself from threats to health and safety due to severe cognitive impairment?
..... ☐ Yes ☐ No
Is the condition expected to be permanent? ☐ Yes ☐ No

SECTION 6. ADDITIONAL INFORMATION

Has the patient’s driver’s license been revoked? ☐ Yes ☐ No
If “yes,” provide approximate date of revocation. _____
Has the Insured been confined to any type of facility (e.g., hospital, nursing home, rehabilitation center) for this condition? ☐ Yes ☐ No
Provide explanation. _____

SECTION 7. REMARKS

SECTION 8. PHYSICIAN INFORMATION AND SIGNATURE

Attending Physician Name _____ Degree _____
TIN _____ Phone (_____) _____ Fax (_____) _____
Address _____
City _____ State _____ ZIP _____
 Attending Physician Signature _____ Date _____